2023 Behavioral Health Resource Guide

Spartanburg, Cherokee, and Union Counties

United Way of the Piedmont



At United Way of the Piedmont, we believe that everyone deserves the opportunity to thrive. We work everyday to strengthen access to healthcare, educational opportunity, and economic mobility in in Spartanburg, Cherokee, and Union Counties of South Carolina.

This Resource Guide is supported by our Spartanburg Behavioral Health Task Force. The Task Force is a collaborative group of local experts focused on developing partnerships, securing funding streams, and implementing strategies to address the behavioral and mental health needs of Spartanburg County. This Guide compiles resources across Spartanburg, Cherokee, and Union Counties.

Learn more about our work and other resources at www.uwpiedmont.org.

United Way of the Piedmont





If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please don't hesitate to reach out for support.

National Suicide Prevention Lifeline:	Dial: 988
	For TYY Users: Use your preferred relay service
	or dial 711, then 988
National Crisis Text Line:	Send a text to: 988
National Crisis Chat:	988lifeline.org
CRISISline:	833-364-2274
Text Line:	Text "CRISISline" to 839863
Crisis Text Line:	Text HOME to 741741
Disaster Distress Helpline:	1-800-985-5990
Deaf and Hard of Hearing Contact and Crisis Line:	(800) 647-2066, deafhotline@scdmh.org videophone (803) 339-3339
Julie Valentine Center Crisis Hotline	(864) 331-0560
(Sexual Assault and Abuse Support):	
Love is Respect (Domestic Violence Support):	1-866-331-9474 or text "loveis" to 22522
Project R.E.S.T. (Formerly Safe Homes Rape-	(800) 273-5066
Crisis Coalition):	
SC 211	Call 211, Visit SC211.org, or download the app
Safe Harbor Domestic Violence Hotline:	(800) 291-2139
South Carolina Crisis Hotline:	(833) 364-2274
Spanish Language National Suicide	(888)-628-9454
Prevention Lifeline	
Substance Abuse and Mental Health Services	(800) 662-4357
Administration National Helpline:	
Substance Abuse Helpline:	(855) 907-2953
TEENline Text Line:	864-77-TEENS (83367)
	Text "TEENline" to 988
Trevor Helpline (LGBTQ):	1-866-4u-TREVOR (488-7386)
	Text "START" to 678-678
Trans Lifeline:	1-877-565-8860
Veterans Crisis Line:	Dial 988, then Press 1
	Send a text message to: 838255

SC 2-1-1

SC 2-1-1 serves as a safety net for all individuals needing help finding assistance, by helping improve the effectiveness and coordination of health and human services across the state. The statewide program provides information about and referral to health and human service resources. The free and confidential service is available 24/7, 365 days per year.



Greenville, SC Resources

If you need resources outside of the footprint of United Way of the Piedmont, we recommend the Community Resource Directory produced by the WellBeing Partnership of Greenville County at www.wbpgreenville.org/news-updates.



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Includes Child/Adolescent Services

Cherokee County

Cherokee County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

201 West Montgomery Street, Gaffney, SC 29341

Phone: (864) 487-2721

Web: <u>cherokeerecovery.com</u> Services offered: Rehabilitation Payment: Accepts Medicaid

Cherokee Mental Health Center

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

125 East Robinson Street, Gaffney, SC 29340

Phone: (864) 487-2710

Web: sparmhc.org

Deaf/Hard of Hearing after-hours contact: deafhotline@scdmh.org

Services offered: Therapy

Payment: Accepts Medicaid, offers a sliding scale

Clear Skye Treatment Centers

Provides comprehensive treatment services to assist individuals dealing with opiate addictions.

104 Willis Street, Gaffney, SC 29341

Phone: (800) 792-9030

Web: clearskyetreamentcenters.com

Services offered: Rehabilitation

Mental Health America-Cherokee County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

126 Foxfire Drive, Gaffney, SC 29340 Unsure of this one

Email: clifmartha@aol.com Services offered: Support

Outside of the Box Therapy

Offers individuals and couples therapy for grief, trauma, or caregiver support. Provides parenting and anger management classes.

206 West Meadow Street, Gaffney, SC 29341

Phone: (864) 597-9493

Web: <u>outsideoftheboxtherapy.com</u>

Services offered: Therapy

Payment: Accepts Medicaid, offers a sliding scale

ReGenesis Community Health Center

Provides quality health care to the community. Offers diagnosis and treatment for depression, anxiety, schizophrenia, bipolar disorder, eating disorders, addiction, and more.

1341 N. Limestone Street, Gaffney, SC 29340

Phone: (864) 582-2411

Web: myrhc.org

Services offered: Support

Payment: Accepts Medicaid, offers a sliding scale

Project R.E.S.T. (formerly SAFE Homes/Rape Crisis)

Provides services to victims of sexual assault and domestic violence. Offers crisis counseling and individual and family psychotherapy.

1612 North Limestone Street, Gaffney, SC 29341 UW Cherokee Non-profit Partnership Center

24-Hour Hotline: 1(864) 583-9803 or 1(800) 273-5066

Web: shrcc.org

Email: shrcc@aol.com Services offered: Therapy

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

364 Huntington Road, Gaffney, SC 29341 Phone: 1(864) 489-3306, 1(864) 489-9954

Web: scvrd.net

Services offered: Support

Spartanburg County Rehabilitation

BHG Spartanburg Treatment Center

Specializes in opioid treatment through Medication-Assisted Treatment (MAT) and addiction counseling.

239 Access Road, Spartanburg, SC 29303

Phone: (864) 503-0207

Web: spartanburg.bhgrecovery.com

Payment: accepts month-to-month, Medicaid, cash, deposit

Celebrate Recovery / Hope Church

A Christ-based approach to addiction recovery. 102 John Dodd Road, Spartanburg, SC 29303

Phone: (864) 497-4642

Email: lhillstock@yahoo.com
Web: https://bit.ly/3j9ohBZ

Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts

Provides rehabilitation for individuals with a substance abuse addiction.

Women's Facility: 309 Washington Street, Abbeville, SC 29620

Email: info@faithhomegwd.net

Men's Facility: 144 Faith Home Road, Greenwood, SC 29649 Men's Facility: 180 Battleground Road, Cowpens, SC 29330

Phone: (864) 223-0694

Email: faithhomegwd@msn.com

Web: faithhomegwd.net

FAVOR Upstate - Spartanburg

Offers free recovery services for individuals and families suffering with substance abuse. Services include peer support groups, one-on-one coaching, and community events.

1 Real Estate Way, Spartanburg, SC 29302

Phone: (864) 308-8159

Email: matthew@favorupstate.org

Web: <u>favorupstate.org</u>

GoForth Recovery

Offers housing and a structured environment that allows alcoholics and addicts to recover.

P.O. Box 6560, Spartanburg, SC 29304

Email: info@goforthrecovery.com

Web: goforthrecovery.com

Mel-Med

Medication-assisted recovery for alcohol, opiates, and tobacco recovery.

Telemedicine available as well as trans-hormone maintenance, outpatient detox, and Vivitrol and Sublocade injections.

1451 East Main Street, Suite 2A, Spartanburg, SC 29307

Phone: (864) 586-3979

Email: fritschemd@Mel-Med.com

Web: mel-med.com

Payment: does not file insurance. Superbill provided for patient insurance filing.

Palmetto Carolina Treatment Center, LLC

Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.

325 Inglesby Parkway, Unit F, Duncan, SC 29334

Phone: (864) 527-1250

Web: carolinatreatmentcenters.com

Payment: accepts Medicaid and Medicare

The Forrester Center for Behavioral Health

Provides adult and adolescent counseling and support services for substance use/abuse.

First-come, first-serve with ID. No walk-ins. Outpatient basis.

129 Dillon Drive, Spartanburg, SC 20307

Phone: (864) 582-7588

Hours: Mon-Thurs. 8:30-2 p.m. Web: theforrestercenter.org

Payment: accepts Medicaid, BCBS, and insurance that would pay for

outpatient services and payment plans.

Spartanburg County Support Services

Access Health Spartanburg

Designed to be a link between the uninsured and local health professionals.

Guides eligible clients to a medical home. Typical 48-hour wait for service.

501 Howard St., Suite B, Spartanburg, SC 29303

Phone: (864) 560-0190

Web: accesshealthspartanburg.org

Payment: free to residents of Spartanburg, Cherokee, and Union Counties at or below

200% of the Federal Poverty Level

Alzheimer's Association

Provides advocacy, education, and support for people living with Alzheimer's and all those impacted by Alzheimer's including caregivers.

901 South Pine Street, Spartanburg, SC 29302

Phone: (864) 542-9998 Web: <u>www.alz.org/sc</u>

Family Connection of SC

Family supports and trainings for families with a member that has a disability. 249 North Grove Medical Park Drive, Suite 200, Second floor, Spartanburg, SC 29303

Phone: 1-800-578-8750

Email: info@familyconnectionsc.org

Web: familyconnectionsc.org

Mental Health America—Spartanburg

Provides advocacy and education about mental illness as well as customized training programs and some support services.

Phone: (864) 345-0014

Email: info@mhaspartanburg.org

Web: mhaspartanburg.org

NAMI Spartanburg

Provides free education, support groups, and advocacy to people with a mental illness and their families.

Phone: (864) 406-8126

Email: office@namispartanburgsc.org

Web: namispartanburgsc.org

New Day Clubhouse

Provides employment services, housing, and day program for individuals with persistent mental illness.

325 South Church Street, Spartanburg, SC 29306

Phone: (864) 582-5431

Web: <u>newdayclubhouse.com</u> Payment: accepts Medicaid

ReGenesis Community Health Center

Provides quality health care to our community.

Administration / Medical Offices: 460 Langdon Street, Spartanburg, SC 29306

Phone: (864) 582-2411

Scheduling line: (864) 670-9415

Pediatrics/Teen Center & Pharmacy: 750 South Church Street, Spartanburg, SC 29306

Woodruff Office: 220 Irby Street, Woodruff, SC 29388

Web: myrhc.org

Payment: accepts Medicaid, Medicare, and offers affordable options based on need and

income

SC Vocational Rehabilitation Department

Helps eligible South Carolinians with disabilities and maintain or help seek employment.

353 South Church Street, Spartanburg SC 29306

Phone: (864) 585-3693

Web: scvrd.net

Payment: Voc Rehab will help determine what coverage you may be eligible for

Upstate Warrior Solution

Serving Veterans, Military members, First Responders, and their Families in Upstate SC.

431 E. Kennedy St, Spartanburg, SC 29302

Phone: (864)-520-2073

Email: info@upstatewarriorsolution.org

Web: <u>upstatewarriorsolution.org</u>
Appointments required to be seen

Spartanburg County Therapy

Almost Perfect Counseling

Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changes, anger management and substance misuse.

Telehealth available.

1714 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 415-5068

Web: <u>almostperfectcounseling.com</u>

Email: almostperfectconsulting@gmail.com

Anchoring Within, LLC

200 Fernwood Drive, Lower Level, Spartanburg, SC 29307

Phone: (864) 663-2218

Email: anchoringwithin@gmail.com

Web: anchoringwithin.com

Ashley Kemp Counseling, LLC

Specializes in ages 18-65, depression, anxiety, trauma, CBT, DBT, and EMDR.

707 East Main Street, Spartanburg, SC 29302 - only virtual options available for care

Phone: (864) 345-7454

Email: atrkemp@gmail.com

BestMinds Pediatric and Adolescent Mental Health

Offers medication management, parent education, skills building, and psychosocial support.

The provider works in collaboration with other care providers such as your primary care provider

and therapist.

187 North Church Street, Ste 304, Spartanburg, SC 29306

Phone: (864) 415-8827

Email: charlottedavis@bestmindspeds.com

Web: <u>bestmindspeds.com</u>
Payment: accepts Medicaid

Be Well Counseling

Specializes in anxiety, depression, grief, and wellness

561 East Main Street, Spartanburg, SC 29302

Phone: (864) 266-4339

Web: <u>bewellcounselingsc.com</u>

Payment: sliding scale

Boiling Springs First Baptist Church Counseling

Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.

3600 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 699-3446

Email: kevin.cooksey@familybuilderscounseling.com

Web: <u>bsfbccounseling.com</u> Payment: accepts Medicaid

Candace D. Cathcart, LLC. - C&C Counseling Associates

Specializes in adults and adolescents, individuals, couples, families and grief, anxiety, self-esteem, and depression issues.

364 South Pine Street, Suite B-240, Spartanburg, SC 29302

Phone: (864) 381-7803

Web: candacedcathcartllc.com

Dr. Caleb Loring

Provides therapeutic services for children, adolescents, and adults as well as psychological testing for adults and children.

324 East Saint John Street, Spartanburg, SC 29302

Phone: (864) 641-6979 Web: <u>drcalebloring.com</u>

Children's Advocacy Center of Spartanburg, Cherokee, & Union

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

100 Washington Place, Spartanburg, SC 29302

Phone: (864) 515-9922

Web: cacsp.org

Denise Levereaux, MSW

Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors. Teletherapy available.

1953 Old Reidville Road, Spartanburg, SC 29301

Phone: (864) 680-0495 Web: dltherapy.com

Elena Mendez Counseling

Specializes in Asperger/high functioning Autism issues, children, adolescents, adults, individuals, couples, and families. Offers telemedicine.

2165 Chesnee Highway, Spartanburg, SC 29303

Phone: (864) 237-5961

Web: <u>elenamendezcounseling.com</u> Payment: offers a sliding scale

EMERGE Family Therapy Center & Teaching Clinic

Provides individual, couples, and family counseling for children, teens, and adults.

Teletherapy offered.

138 Dillon Drive, Spartanburg, SC 29307

Phone: (864) 583-1010 Web: emergeftc.org

Payment: offers a sliding scale

Envision Counseling

Specializes in treating individuals, couples and families and offers comprehensive services dealing with: Anxiety, Depression, Anger, Relationships, Work/Life Balance and more.

3211 Reidville Road, Suite C, Spartanburg, SC 29301

Phone: (864) 278-0590 Email: info@ecsweb.org

Web: ecsweb.org

Eubanks Peer Support Living Room

A safe space where individuals can find support and resources to prevent a behavioral health crisis. Appointments available but not required.

358A Serpentine Drive, Spartanburg, SC 29303

Phone: (864) 591-3501

Full Circle Counseling

Specializes in ages 6+, adults, anxiety, depression, parenting, marital issues.

101 Springdale Street Duncan, SC 29334

Phone: (864) 559-8944

Payment: accepts Medicaid and some insurance

Gateway Children's Mental Health Services

Specializes in children and adolescents (ages birth to 18), offering general practice.

397 Serpentine Drive, Suite B, Spartanburg, SC 29303

Phone: (864) 406-6041 ext. 2

Email: referrals@gatewaychildrens.com

Web: gatewaychildrens.com Payment: accepts Medicaid

Ginger Church, LPC-I

Specializes in teens, depression, anxiety, and divorce issues.

561 East Main Street, Spartanburg, SC 29302

Phone: (864) 909-0604

Payment: offers a sliding scale

Guiding Reins

Utilizes equine-human interaction to promote self-awareness of mindset and behavior for veterans, military personnel, first responders and their families.

1944 Redland Road, Campobello, SC 29322

Phone: 864-457-3575

Email: info@guidingreins.org Website: <u>guidingreins.org</u>

Payment: free to veterans, scholarships for family members

H&W Enterprises (Health and Wellness Outpatient Practice)

Provides individual, family, group and medication therapy.

1524 John B. White Sr. Boulevard, Suite 6, Spartanburg. SC 29301

Phone: (864) 586-3300

E-mail: awofford@healthandwellnessofsc.com

Web: <u>hwenterprises.org</u>

HALTER Therapeutic Riding Center

Halter Horses enhances the lives of children with challenges through equine assisted activities. Call for more information.

P.O. Box 1403, 1400 Carolina Club Rd, Spartanburg, SC 29302

Phone: (864) 586-1671

Email: office@haltersc.com

Web: <u>haltersc.org</u>

Payment: offers scholarships

Hart to Heart Therapy

Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care.

Telehealth available.

101 North Pine Street, Suite 210, Spartanburg, SC 29302

Phone: (864) 920-1202 Email: info@aliciahart.net

Web: aliciahart.net

Healing Solutions, LLC

Offers individual, couples, and family counseling services. Telehealth available.

340 East Main Street, Suite 102, Spartanburg, SC 29302

Phone: (864) 707-2167

Email: healingsolutions@hsccg.com Web: healingsolutionscounseling.com

Payment: accepts Medicaid

Hope Center For Children

Specializes in children and family issues.

202 Hudson L. Barksdale Blvd., Spartanburg, SC 29306

Phone: (864) 542-5978

Web: hopecfc.org

Payment: BCBS and all Medicaid as well as self-pay or sliding scale when appropriate

Hope Remains Ranch

Specializes in trauma, ages 5 - adult, equine therapy

1771 John Dodd Rd., Welford, SC 29385

Phone: (864) 249-3532

Email: info@hoperemains.org

Web: hoperemains.org

Payment: sliding scale for counseling, free education and mentor divisions

In Step Counseling

Specializes in ages 8-35, adolescents, and young adults.

175 Magnolia Street, Suite 106, Spartanburg, SC 29306

Phone: (864) 310-6776

Email: instep counseling @gmail.com

Payment: accepts most Medicaid and some private insurance

Inner World Counseling

Specializes in anxiety, depression, pregnancy, prenatal, and postpartum.

1425 John B. White Sr. Boulevard, Spartanburg, SC 29306

Phone: (770) 262-9293

Payment: offers a sliding scale

Janet Barnes McConnell Counseling

Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues. Online or via phone.

157 Hall Street, Spartanburg, SC 29302

Phone: (864) 474-5695

Jessica Loving Counseling, LLC

Specializes in depression, anxiety, and PTSD. 601 West Main Street, Spartanburg, SC 29301

Phone: (864) 706-6832 Payment: accepts Medicaid

JM Skinner-Johnson, LISW-CP

Specializes in individuals and children, families, anxiety, trauma, attachment struggles, depression, adjustment issues, and EMDR. Telehealth provider. 601 West Main Street, Spartanburg, SC 29301

out west Main Street, Spartanburg, SC

Phone: (864) 513-4265

Payment: accepts Medicare, out-of-network, BCBS, ETNA, and Humana

JoAnn Smith, MDiv, LMFT, LPC

Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.

331 Bryant Road, Spartanburg, SC 29303

Phone: (864) 977-8120 Payment: accepts Medicaid

Kim Minnick, LISW-CP, MAC

Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women's issues. Certified IMAGO relationship counselor. Brainspotting trained.

561 East Main Street, Spartanburg, SC 29302

Phone: (864) 363-0063

Payment: accepts BCBS, Blue Choice, PAI, SRMC

Kim Minnick, LISW-CP, MAC Specializes in depression, anxiety, trauma, and PTSD 340 East Main Street, Spartanburg, SC 29302

Phone: (864) 501-5693

Payment: offers a sliding scale

Life Changing Solutions Group, LLC

Specializes in ages 12+, depression, bipolar, addiction, grief, trauma 269 South Church Street, Spartanburg, SC 29306

Phone: (864) 316-0191

Living Stones Family Services

Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.

101 North Pine Street, Suite 303, Spartanburg, SC 29302

Phone: (864) 586-5353

Payment: accepts Medicaid

Lori Ivey, LPC

Specializes in depression, anxiety, bipolar disorder, marital and family issues as well as works with LGBTQ and transgender population.

127 Metro Drive, Spartanburg, SC 29303

Phone: (864) 397-8056

Email: loriivey18@gmail.com

Payment: accepts Cigna, Beacon Health, UMR, and different EAP plans, others possible

Magnolia Counseling Associates

Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.

811 East Main Street, Suite B1, Spartanburg, SC 293062

Phone: (864) 583-5969

Web: magnoliacounseling.net

Medical Group of the Carolinas - Psychiatry

Provides psychiatric care for patients 18+.

391 Serpentine Drive, Suite 400, Spartanburg, SC 29303

Phone: (864) 560-7517

Web: spartanburgregional.com/locations/medical-group-carolinaspsychiatry

Payment: accepts Medicaid

Middle Tyger Community Center

Provides counseling services, financial assistance, and additional community services and supports.

84 Groce Road, Lyman, SC 29365

Phone: (864) 439-7760 Web: middletyger.org

Payment: offers a sliding scale

Modern Wellness Family Counseling

Offers counseling for new mothers, couples, and families as well as individual and play therapy.

945 East Main Street, Suite 5, Spartanburg, SC 29302

Phone: (864) 383-9002

Email: admin@modernwellness.hush.com Web: modernwellnessfamilycounseling.com

Payment: accepts Medicaid and BCBS

Monique Watson, LPC, NBCC, MAC, CACII

Balancing Act Coaching & Consulting, LLC

Specializes in individuals, couples, families, addictions, coaching, and weight management.

101 North Pine Street, Suite 303, Spartanburg, SC 29302

Phone: (864) 205-7660

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New Beginnings Counseling Services

Specializes in ages 6+, children and families, couples, anxiety, depression,

ADHD, ADD, trauma, relationship issues, and military/veteran support.

145 North Church Street, Suite 103, Spartanburg, SC 29306

Phone: (864) 266-3393

Payment: accepts Medicaid

New Day Clubhouse

Referrals from mental health provider required for membership for mental health services for SPMI

325 S. Church Street, Spartanburg, SC 29306

Phone: (864) 582-5431

Email: aturner@newdayclubhouse.com

Web: <u>newdayclubhouse.com</u>

New Horizons Counseling

Provides individual, couple, and family therapy to individuals, couples, children, and families as well as parenting and adolescent and teen group therapies.

1714 Boiling Springs Road, Boiling Springs, SC 29316

Phone: (864) 764-1007

Web: newhorizonscounselingsc.com

North Grove Counseling Associates

Offers individual, couples, and children, only sees ages 16 and older - files adoption subsidy if someone adopted through DSS.

240 North Grove Medical Park Drive, Spartanburg SC 29303

Phone: (864) 699-9213

Web: <u>northgrovecounseling.com</u>

Palmetto Counseling and Play Therapy

Provides individual, child, and play therapy services 811 East Main Street, Suite B-1, Spartanburg, SC 29301

Phone: (864) 542-7140

Payment: offers a sliding scale

Piedmont Care, Inc.

Provides treatment and support services to people living with HIV/AIDS and HIV prevention services such as free HIV testing, condom distribution, and education.

101 North Pine Street, Suite 200, Spartanburg, SC 29302

Phone: (864) 582-7773 Web: piedmontcare.org

Project Hope

Offers ABA therapy and other services for children and adults with autism and their caregivers.

200 Elford Court, Spartanburg, SC 29306

751 East Georgia Street, Woodruff, SC 29388

424 N. Hwy 101, Landrum, SC 29356

Phone: (864) 676-0028

Email: clients@projecthopesc.org

Web: <u>projecthopesc.org</u>
Payment: accepts Medicaid

Project R.E.S.T. (Formerly Safe Homes/Rape Crisis)

Offers resources and counseling services for victims of domestic violence and sexual assault.

236 Union Street, Spartanburg, SC 29302

Phone: (864) 583-9803

24-hour hotline: (864) 583-9803 or (800) 273-5066

Email: info@projectrest.org
Web: https://projectrest.org

Recreating Positive Living, LLC

Offers counseling services to individuals and families. Licensed in substance abuse, marriage and family therapy, qualifies for mandatory substance abuse and domestic violence groups.

2375 East Main Street, Suite A101, Spartanburg, SC 29307

Phone: (864) 415-8640

Email: atanner@recreatingpositiveliving.org

Web: <u>recreatingpositiveliving.com</u>

Payment: accepts all major insurance, Medicaid & Tricare

Rooted Wings, LLC

Specializes in trauma, PTSD, selective mutism, survivors of narcissistic parents or partners, women's issues, gender identity, religious/spiritual issues, anxiety, depression, relationship issues, and LGBTQ.

191 Memorial Drive, Pacolet, SC 29372-2255

Phone: (864) 398-9322

Email: sljacksonlpc@gmail.com

Web: rootedwingssc.com

Payment: accepts Medicaid, BCBS, and employee assistance programs

River Rock Therapy

Specializes in children and teens, and works with anxiety, trauma, and grief in all ages 134 Oakland Ave. Spartanburg, SC 29302

Phone: (864) 809-3516

Email: riverrocktherapyllc@gmail.com

Web: riverrocktherapyllc.org

Accepts: BCBS, employee assistance programs and self-pay

Ruth C. Compton, MEd, LPC

Provides family (18+), individual, and often uses CBT. Offers video and phone sessions.

707 East Main Street, Spartanburg, SC 29302

Phone: (864) 316-5910

Email: ruthcompton6@gmail.com

Web: <u>ruthcompton.com</u>

Payment: BCBS, Aetna, Lyra, Employee Assistance Programs, and self-pay

St. Luke's Free Medical Clinic

Offers free quality health care to uninsured Spartanburg County residents.

162 North Dean Street, Spartanburg, SC 29302

Phone: (864) 542-CARE (2273)

Email: info@slfmc.org

Web: slfmc.org

Skylyn Counseling

Specializes in therapy for depression and anxiety, couples, family, and grief counseling, parenting support, work and career issues, stress management, and conflict resolution.

236 Union Street, Spartanburg, SC 29302

Phone: (864) 585-5010

Email: landa@skylyncounseling.com

Web: skylyncounseling.com

Spartanburg Area Mental Health

Offers peer support, adult therapy, hospital and jail liaisons, school-based mental health, early intervention, therapy, psychiatric, psychiatric nurse, and deaf services.

250 Dewey Avenue, Spartanburg, SC 29303

Phone: (864) 585-0366

24-Hour Emergency On-Call Spartanburg: (800) 277-1366

Email: contact@sparmhc.org

Web: sparmhc.org

Susan Lea, LMFT, CAMS II

Offers counseling and mental health services for adults, clinical supervision for LMFT Associates and graduate students, and specialty services for anger management, batterers' intervention, and drug and alcohol use. AAMFT Approved Supervisor.

101 North Pine Street, Spartanburg, SC 29302

Phone: (864) 406-5774

Email: susanleatherapy@gmail.com

Web: susanleatherapy.com

Payment: accepts selected insurances and self-pay

Turning Leaves For Children

Specializes in trauma and PTSD, anxiety, and children and adolescents.

Offers video and phone sessions.

601 West Main Street, Spartanburg, SC 29301

Phone: (864) 707-3903

Winzai Amadi Counseling Services

Offers individual and family therapy as well as suboxone treatment.

101 B-2 Regency Commons Drive, Greer, SC 29650

Phone: (864) 655-4002

Payment: accepts Employee Assistance Programs

Union County

Healthy U Behavioral Health Services

Union County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

201 South Herndon Street Phone: (864) 429-1656

Payment: accepts Medicaid, self-pay, and some insurances

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

131 North Main Street, Jonesville, SC 29353

Phone: (864) 475-5000

Web: scvrd.net

Email: jonesville@scvrd.net

Union Mental Health Center

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

130 Medical Sciences Drive, Union, SC 29379

Phone: (864) 427-1224

24-Hour Emergency On-Call Services: 1(800) 277-1366

Deaf/Hard of Hearing or after hours contact: deafhotline@scdmh.org

Web: scdmh.net

Payment: accepts Medicaid, BCBS, and offers a sliding scale